

Happiness can always be found, even in the darkest of times, if only one remembers to turn on the light.

Be yourself, every one else is already taken.

If you see someone without a smile, give them one of yours.

I am unstoppable
I am amazing
I am unique
I am clever
I am strong
I am loved
I am kind...
I am ME!

If you focus on what you left behind, you will never see what lies ahead.

If you have good thoughts, they will shine out of your face like sunbeams and you will always look happy.

Children's Mental Health Week

February 2023

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Today you will achieve great things

I AM UNIQUE

NEVER. NEVER EVER GIVE UP!

Be bright Be happy! BE YOU!


You're enough
as you are



You can
do this



I am bold
and outgoing



Do more of what
makes you happy.



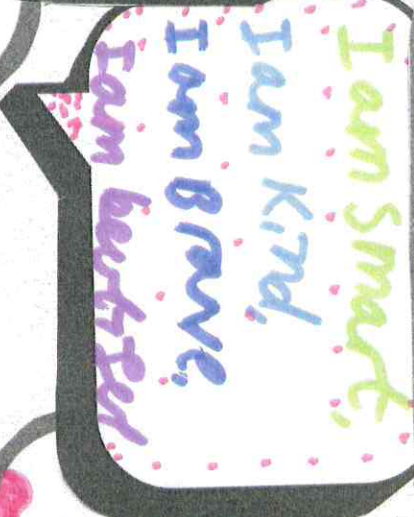
Stand
and be
ALP
PRO
D



Happiness isn't
out there,
it's in you!



I am smart,
I am kind,
I am brave,
I am beautiful!



Be the
Reason
Someone Smiles
today



Happiness:
Honest
Respective
Yours



We are a
Rainbow
of possibilities....



Dream
big



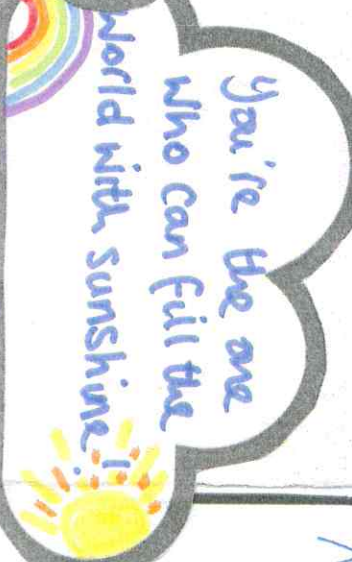
Be a Warrior
not a
worry



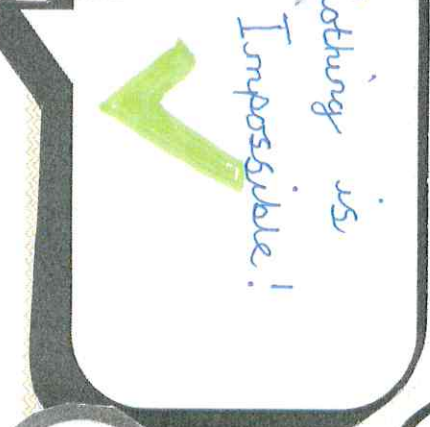
Be kind



You're the one
who can fill the
world with sunshine!



Nothing is
impossible!



No one is
perfect, that's
why pencils have
rubbers!

